

Farm to School

BELL PEPPERS

History

Sweet peppers were not widely grown until after World War II, and now there are more than 200 varieties.

Fun Fact

Bell peppers are actually fruits because they have seeds and come from flowering plants, but in the food world, we think of them as vegetables.



Growing and Harvest



- Bell peppers are a warm season crop. The seeds can be started inside in late winter and planted in the ground in the spring.
- Peppers are usually harvested in late summer and early fall. The longer peppers ripen on the vine, the sweeter they will taste.

Your Bell Peppers today were grown by:

**Walnut Winds Farm
in Blairs, VA**

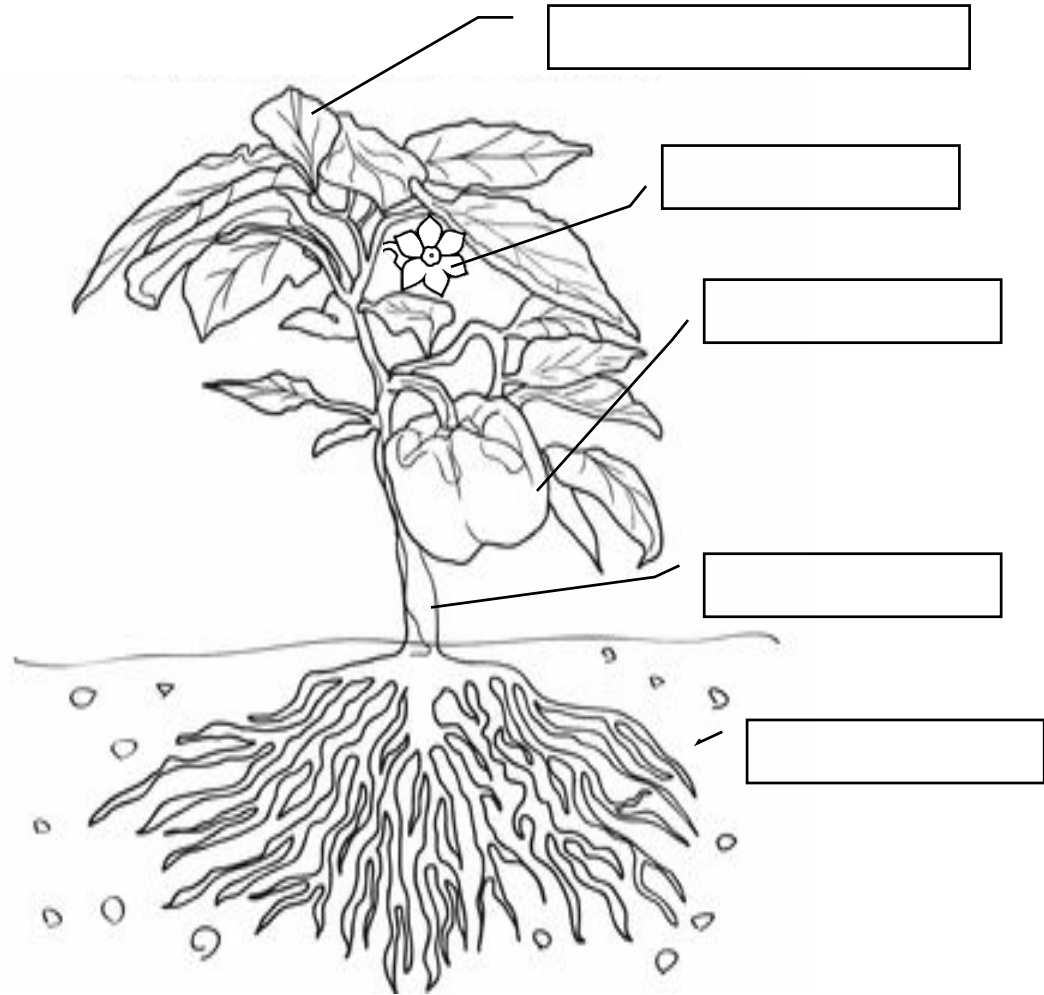


Activity

Peppers



- | | | | |
|---------|----------|----------|---------|
| ANAHEIM | CHIPOTLE | HOT | PIMENTO |
| BANANA | FRESNO | JALAPENO | POBLANO |
| BELL | GHOST | MEDIUM | PUYA |
| CAYENNE | GREEN | MILD | RED |
| CHERRY | HABANERO | MOLE | TABASCO |
| CHILI | HATCH | PAPRIKA | YELLOW |



Fill in the blanks above with these plant parts:

Roots	Flower
Stem	Leaf
	Fruit