

Farm to School

GRANNY SMITH APPLES

History

Granny Smith is the most well-known variety of green apple. It originated in Australia in the 1860s, and was cultivated by Maria “Granny” Smith.

Nutrition

Granny Smith apples are a good source of carbohydrates, dietary fiber, and antioxidants – they provide more antioxidants than any other variety.

Fun Fact

The Granny Smith apple is the 3rd most popular apple in the U.S.



Growing and Harvest



- All Granny Smith apple trees today are clones of the original tree in Australia.
- Like other apple tree varieties, Granny Smith trees love to be in the sun, and are not self-pollinating.

Your Granny Smith Apples today
were grown by:

Frecon Farms
in Boyertown, PA



Activities!

Writing Activity: Think about all the apple varieties you've tried so far this school year.

Which did you like the most, and what did you like most about it?

Write a short paragraph about your favorite apple variety.



Aa

is for Apple

