

Farm to School

RAINBOW CARROTS

History

The original carrot was thought to have originated in the Middle East more than 5,000 years ago, and was likely a purple, yellow, or white carrot.

Fun Fact

In ancient times, carrots were actually used for medicinal purposes, and not eaten as food.



Growing and Harvest



- Rainbow carrots grow in the ground as root vegetables, just like orange carrots.
- Carrots prefer to grow when the weather is a little colder. Early spring and late fall are the best growing seasons for carrots.
- Too much fertilizer on carrots can cause them to have small growths which look like little “forked” legs.

Your Rainbow Carrots today were grown by:

**Eagle Road Farms
in Quarryville, PA**

Activity

Writing Activity: Try each different color of the rainbow carrots. What do you notice about the taste and texture of each one? Are they similar? Are there differences? How do they compare with orange carrots?



I see an orange carrot.



I see a yellow carrot.



I see a red carrot.



I see a blue carrot.



I see a green carrot.



I see a purple carrot.



I see a pink carrot.