

# Farm to School

**October is...**

NATIONAL  
**FARM** to  
**SCHOOL**  
MONTH



The apples you'll enjoy at snack this week were grown in Virginia!



# ROME APPLES



## History

Rome apples originated in Rome Township, Ohio in the 1800s. They are now grown in most apple producing regions across the US.

## Fun Fact

This is the preferred apple variety for baking! It maintains its shape well when cooked and is commonly use in apple pies, apple strudels, and even savory dishes.



# Growing and Harvest



Apple growers watch over their apple trees all year:

- **Winter:** prune trees
- **Spring:** thin blossoms to produce larger apples with more vibrant color
- **Summer:** mow grass between trees to fight pests
- **Fall:** harvest fruit – sometimes the branches are so heavy with fruit, they bend to the ground!

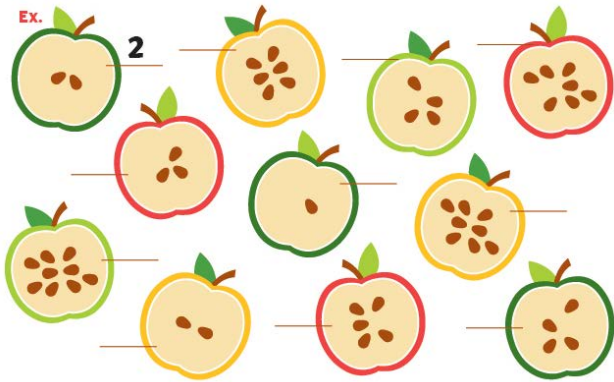
**Your Rome Apples today were grown by:**

**Dickie Brothers Orchard  
in Nelson County, Virginia**



# Activities

Count the seeds in each apple and write them on the line



Label the parts of the apple using the words below

