

GRAPE TOMATOES

History

Grape tomatoes originated in Southeast Asia in the late 20th century.



Nutrition

Grape tomatoes are a good source of vitamin A and C, and they also contain lycopene, an antioxidant that protects the body from disease.

Fun Fact

The tomatoes were considered poisonous by European countries. People believed that the tomato poison could turn your blood into acid—which, of course, is a myth!

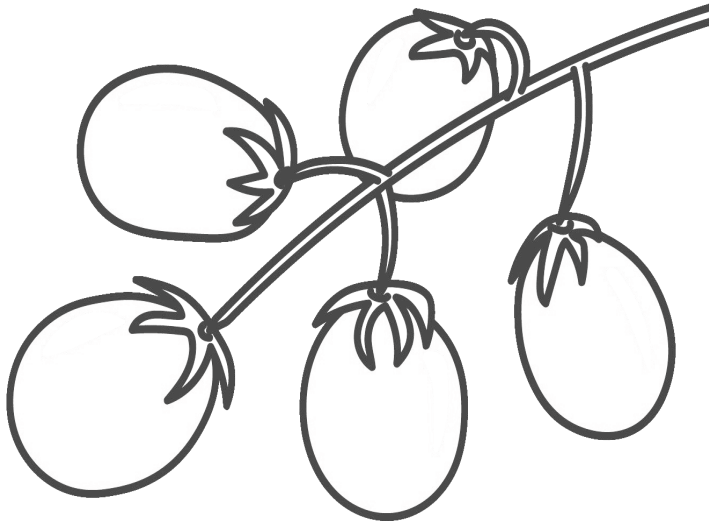
Growing and Harvest



- Grape tomatoes grow in clusters on a small vine, and they prefer full sun and plenty of water.
- It takes about 70 days from planting before the grape tomatoes are ready to pick.
- Grape Tomato plants can grow up to 8 to 9 feet tall.

Activities

Discuss the different types of tomatoes.
How many have you tried?
Which one is your favorite and why?



GRAPE TOMATOES

Vine

sweet & juicy



Cherry

crisp, sweet & juicy



Roma

tangy & thin skinned



Heirloom

earthy & juicy



Grape

crisp, crunchy
& sweet



Beefsteak

juicy & meaty